

MENU ITEM	 DAIRY FREE	 EGG-FREE	 GLUTEN-FREE	 SESAME-FREE	 SOY-FREE	 SULPHITE-FREE	 MUSTARD-FREE	 SEAFOOD-FREE	 PEANUT-FREE	 SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE & MISC
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APPETIZERS & SHAREABLES	PLAYMAKER PLATTER	NO	NO	NO	NO	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	BABA'S UKRAINIAN PEROGIES	NO	NO	NO	YES	NO	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	TRIPLE EH! PEPPERED SEARED STEAK BITES *	YES	NO	NO	NO	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	OGOPOGO ONION RINGS *	NO	YES	NO	YES	YES	YES	YES	NO	YES	This Item CANNOT be made Gluten-Free. Also contains MSG.
	FACE OFF FRIED PICKLES *	NO	YES	NO	YES	YES	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	GOLDEN GARLIC FINGERS *	NO	YES	NO	YES	YES	NO	YES	YES	YES	To make Gluten-Free use 10" Gluten-Free Crust.
	OFFSIDE 3-CHEESE SPINACH DIP *	NO	NO	NO	YES	NO	NO	YES	NO	YES	To make Gluten-Free use Nacho Chips instead of Crostini.
	BACON WRAPPED CHINOOK JALAPENOS *	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS IS GLUTEN-FREE.
	MANITOBA YAM FRIES *	YES	YES	NO	YES	YES	NO	YES	NO	YES	To make Gluten-Free cook in Gluten-Free deep Fryer. Contains MSG.
	COTTAGE COUNTRY KACTUS CHIPS *	NO	YES	YES	YES	YES	NO	YES	NO	YES	To make Gluten-Free cook in Gluten-Free deep fryer & OMIT Creole Seasoning. Contains MSG.
	SALT SPRING CRACKED PEPPER & SEA SALT DRY RIBS *	YES	YES	NO	NO	NO	NO	NO	NO	YES	This Item CANNOT be made Gluten-Free.
	CRISPY "SHAKE EM" WEDGES*	NO	YES	NO	YES	YES	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	TRI-STACKED NACHOS & NACHOS FOR UNO *	NO	YES	YES	YES	YES	NO	YES	NO	YES	THIS IS GLUTEN-FREE.
	TEMPURA CAULIFLOWER*	NO	NO	NO	NO	NO	NO	NO	NO	NO	This Item CANNOT be made Gluten-Free.
	TATERS SUPREME *	NO	NO	NO	NO	NO	NO	NO	NO	YES	To make Gluten-Free cook in Gluten-Free deep Fryer
DEEP FRIED MOZZA STICKS	NO	YES	NO	YES	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG	
LASAGNA BITES	NO	NO	NO	YES	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG	
WAGYU GYOZA*	YES	NO	NO	NO	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG	

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

SOUPS, GREENS & BOWLS	QUEEN CHARLOTTE CAESAR SALAD	NO	NO	NO	YES	YES	NO	NO	NO	YES	To make this Gluten-Free OMIT croutons and Garlic Toast.
	TACO 'BOUT SALAD BOWL *	NO	YES	NO	YES	YES	YES	YES	NO	YES	To make Gluten-Free use Nacho Chips instead of Taco Bowl.
	TUNA POKE RICE BOWL	NO	NO	YES	NO	NO	NO	YES	NO	YES	THIS IS GLUTEN-FREE.
	GOOD FOR YOUR SOUL POWER BOWL *	NO	YES	NO	NO	NO	NO	YES	YES	NO	To make Gluten-Free, substitute a gluten free dressing and remove barley.
	CRISPY CHICKEN COBB SALAD	NO	NO	NO	YES	YES	NO	YES	NO	YES	To make Gluten-Free use Grilled Chicken.

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POUTINE	CLASSIC POUTINE *	NO	YES	NO	YES	NO	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	BUFFALO CHICKEN POUTINE *	NO	NO	NO	YES	NO	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	BRISKET POUTINE *	NO	YES	NO	YES	NO	NO	NO	NO	YES	This Item CANNOT be made Gluten-Free.
	DONAIR POUTINE *	NO	YES	NO	YES	NO	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.

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BURGERS	THE CANADIAN CHEESEBURGER *	NO	NO	NO	NO	YES	NO	NO	YES	YES	To make this Gluten-Free use Gluten-Free bun.
	SAME TEAM BURGER *	NO	NO	NO	NO	YES	NO	NO	YES	YES	To make this Gluten-Free use Gluten-Free bun.
	STONY PLAIN BURGER *	NO	NO	NO	NO	YES	NO	NO	YES	YES	To make this Gluten-Free use Gluten-Free bun.
	RITA BURGER CHALLENGE *	NO	NO	NO	NO	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	ROCKY MOUNTAIN CHICKEN CLUB *	NO	NO	NO	NO	YES	NO	YES	YES	YES	To make this Gluten-Free use Gluten-Free bun.
	BLACKENED CHICKEN BURGER *	NO	NO	NO	NO	YES	YES	YES	YES	YES	To make this Gluten-Free use Gluten-Free bun.
	BUFFALO CHICKEN BURGER *	NO	NO	NO	NO	NO	NO	NO	NO	YES	To make Gluten-Free use Grilled Chicken and a Gluten-Free bun.

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MENU ITEM	DAIRY FREE	EGG-FREE	GLUTEN-FREE	SESAME-FREE	SOY-FREE	SULPHITE-FREE	MUSTARD-FREE	SEAFOOD-FREE	PEANUT-FREE	SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE & MISC
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WRAPS	BREWHOUSE WRAP *	NO	NO	NO	YES	YES	YES	NO	YES	YES	To make Gluten-Free use a lettuce wrap or Gluten-Free bun.
	CHICKEN CAESAR WRAP *	NO	NO	NO	YES	YES	NO	NO	NO	YES	To make Gluten-Free use a lettuce wrap or Gluten-Free bun.
	BUFFALO CHICKEN WRAP *	NO	NO	NO	YES	YES	NO	NO	NO	YES	To make Gluten-Free use a lettuce wrap or Gluten-Free bun with Grilled Chicken.

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ALL STARS	BREWHOUSE FRESH PHILLY *	NO	NO	NO	YES	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	BREWHOUSE BEEF DIP *	NO	NO	NO	NO	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	BRISKET GRILLED CHEESE SANDWICH *	NO	NO	NO	YES	YES	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	CHICKEN QUESADILLA *	NO	NO	NO	YES	YES	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	THE CBH DONAIR *	NO	YES	NO	YES	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	CHICKEN TENDER BENDERS *	NO	NO	NO	YES	NO	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	BREWHOUSE HOSER CLUB *	NO	NO	NO	YES	YES	YES	YES	YES	YES	To make Gluten-Free use Gluten-Free bun.
	STEAKHOUSE SANDWICH *	NO	NO	NO	NO	NO	NO	NO	YES	YES	To make Gluten-Free OMIT Garlic Toast, steak sauce and mushrooms.
MONTREAL SMOKED MEAT SANDWICH	YES	NO	NO	NO	NO	NO	NO	YES	NO	This Item CANNOT be made Gluten-Free.	

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MAIN EVENTS	DRUNKEN FISH & CHIPS	YES	YES	NO	YES	YES	NO	YES	NO	YES	To make Gluten-Free substitute for Gluten-Free Tartar and use Gluten-Free fish option.
	OLYMPIC STIR-FRY *	YES	NO	NO	NO	NO	NO	YES	NO	YES	To make Gluten-Free substitute Sweet Chilli Sauce & use Gluten-Free rice.
	BRISKET SHEPHERD'S PIE *	NO	YES	NO	YES	NO	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	RETURN OF THE MAC *	NO	NO	NO	YES	YES	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	LITTLE ITALY CHICKEN PARMESAN *	NO	NO	NO	YES	YES	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.

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UPGRADES, ADD UPS & SIDES	KACTUS CHIPS *	NO	YES	NO	NO	NO	NO	NO	NO	YES	To make Gluten-Free cook in Gluten-Free deep fryer & OMIT Creole Seasoning. Contains MSG.
	FRIES *	NO	YES	NO	NO	NO	YES	YES	NO	YES	To make Gluten-Free cook in Gluten-Free deep fryer & OMIT Creole Seasoning. Contains MSG.
	YAM FRIES *	YES	YES	NO	YES	YES	NO	NO	NO	YES	To make Gluten-Free use Gluten-Free Deep Fryer. Contains MSG.
	BUTTERMILK MASHED POTATOES	NO	YES	YES	YES	NO	YES	YES	YES	YES	THIS IS GLUTEN-FREE. Contains MSG.
	STEAK MUSHROOMS	NO	NO	NO	NO	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG.
	WHITE RICE	YES	YES	YES	YES	YES	YES	YES	YES	YES	THIS IS GLUTEN-FREE.
	ONION RINGS *	NO	YES	NO	YES	YES	YES	YES	NO	YES	This Item CANNOT be made Gluten-Free. Contains MSG.
	VEGGIE BURGER	NO	NO	NO	YES	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG.

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PIZZA	DORITOS PIZZA *	NO	NO	NO	YES	YES	NO	YES	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	CHICKEN ALFREDO PIZZA *	NO	YES	NO	YES	YES	YES	YES	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	THE MEATZA PIZZA *	NO	YES	NO	YES	NO	NO	NO	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	PRIME MINISTER PIZZA *	NO	YES	NO	YES	YES	NO	NO	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	HAWAIIAN LU-WOW PIZZA *	NO	YES	NO	YES	NO	NO	YES	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	VEG OUT PIZZA *	NO	YES	NO	YES	YES	YES	YES	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	LOADED DELUXE PIZZA *	NO	YES	NO	YES	NO	NO	YES	YES	YES	To make Gluten-Free use a 10" Gluten Free Pizza Crust.
	DONAIR PIZZA *	NO	YES	NO	YES	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	PEROGIE PIZZA *	NO	YES	NO	YES	YES	NO	YES	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.
	MONTREAL SMOKED MEAT PIZZA *	NO	NO	NO	YES	YES	NO	NO	YES	YES	To make Gluten-Free use a 10" Gluten-Free Pizza Crust.

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WINGS	CHICKEN WINGS *	YES	YES	YES	YES	YES	YES	YES	NO	YES	GLUTEN-FREE VARIES ON CHOICE OF SAUCE.
	BONELESS WINGS *	NO	NO	NO	YES	NO	YES	YES	NO	YES	This Item CANNOT be made Gluten-Free.

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MENU ITEM



DAIRY FREE

EGG-FREE

GLUTEN-FREE

SESAME-FREE

SOY-FREE

SULPHITE-FREE

MUSTARD-FREE

SEAFOOD-FREE

PEANUT-FREE

SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE & MISC

DESSERTS

DESSERT POUTINE	NO	NO	NO	YES	NO	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.
HONEY BUMBLE CAKE	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	This Item CANNOT be made Gluten-Free.
KER'FLUFF'LE COTTON CANDY	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	THIS IS GLUTEN-FREE.
TRIPLE-O CHOCOLATE CAKE	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	This Item CANNOT be made Gluten-Free.

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SAUCES

ANCHO CHIPOTLE	NO	NO	YES	YES	YES	YES	NO	YES	YES	YES	CONTAINS CORN AND GARLIC
ALFREDO SAUCE	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	CONTAINS MSG
AU JUS	YES	YES	NO	YES	NO	NO	NO	YES	YES	YES	CONTAINS MSG, CORN AND GARLIC
BALSAMIC VINAIGRETTE	YES	NO	YES	YES	YES	NO	NO	YES	YES	YES	N/A
BLUE CHEESE	NO	NO	YES	YES	YES	NO	NO	YES	YES	YES	N/A
BUFFALO	NO	YES	NO	YES	YES	NO	NO	NO	YES	YES	CONTAINS GARLIC
CAESAR DRESSING	NO	NO	YES	YES	YES	NO	NO	NO	YES	YES	CONTAINS MSG AND GARLIC
CARAMEL SAUCE	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	N/A
CHILLI LIME	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
CHIPOTLE MANGO	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
CHOCOLATE SAUCE	NO	YES	YES	YES	NO	YES	YES	YES	YES	YES	N/A
CREOLE SEASONING	NO	YES	NO	YES	NO	YES	YES	YES	YES	YES	N/A
DEATH SAUCE	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	N/A
DILL DIP	NO	YES	YES	YES	YES	NO	NO	YES	YES	YES	N/A
DONAIR SAUCE	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	N/A
DORITOS WING "SAUCE"	NO	NO	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS MSG, CORN AND GARLIC
GINGER BEEF	YES	YES	NO	YES	NO	NO	YES	YES	YES	YES	CONTAINS MSG AND GARLIC
ASIAN GINGER	YES	NO	NO	YES	NO	NO	YES	YES	YES	YES	CONTAINS MSG
GRAVY	YES	YES	NO	YES	NO	NO	NO	YES	YES	YES	CONTAINS MSG, CORN AND GARLIC
GUACAMOLE	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
HONEY GARLIC	YES	YES	NO	YES	NO	YES	YES	YES	YES	YES	CONTAINS GARLIC
HONEY MUSTARD	YES	YES	YES	YES	YES	YES	NO	YES	YES	YES	N/A
HORSERADISH AIOLI	NO	NO	YES	YES	YES	NO	YES	YES	YES	YES	N/A
HOT SAUCE	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
ITALIAN	YES	YES	YES	YES	YES	NO	NO	YES	YES	YES	CONTAINS GARLIC
JOHNNY CASH	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	N/A
MAPLE BACON	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS MSG
MARINARA SAUCE	NO	YES	NO	YES	YES	NO	YES	YES	YES	YES	CONTAINS MSG AND GARLIC
MAYONNAISE	YES	NO	YES	YES	YES	NO	NO	YES	YES	YES	N/A
MILD SAUCE	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
NACHO CHEESE	NO	NO	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
PIZZA SAUCE	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
PLUM	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	CONTAINS CORN
RANCH	NO	NO	YES	YES	YES	NO	NO	YES	YES	YES	CONTAINS GARLIC
SALSA	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
SPICY BBQ	YES	YES	YES	YES	YES	NO	NO	YES	YES	YES	CONTAINS GARLIC
SRIRACHA MAYO	YES	NO	NO	YES	YES	NO	NO	YES	YES	YES	CONTAINS GARLIC
STEAK SAUCE	YES	NO	NO	NO	NO	NO	NO	YES	YES	YES	CONTAINS GARLIC
SUNDRIED TOMATO	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS MSG AND GARLIC
SWEET CHILLI	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	CONTAINS GARLIC
TARTAR	YES	NO	YES	YES	YES	NO	NO	YES	YES	YES	Use Gluten-Free Tartar Sauce for GF Fish & Chips.
TERIYAKI	YES	YES	NO	YES	NO	YES	YES	YES	YES	YES	CONTAINS MSG AND GARLIC
THOUSAND ISLAND	YES	NO	YES	YES	YES	NO	NO	YES	YES	YES	N/A
TZATZIKI	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	CONTAINS GARLIC
ULTIMATE BBQ	YES	YES	NO	YES	YES	NO	NO	YES	YES	YES	CONTAINS CORN AND GARLIC

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FEATURE MENU

JALAPEÑO POPPER DIP	NO	NO	NO	YES	NO	NO	YES	YES	YES	YES	This ITEM can be made Gluten-Free use Nacho Chips instead of Pull Apart Buns. Contains MSG
CANDLESTICK FRIES	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES	This ITEM can be made Gluten-Free omit tossing the fries in creole seasoning
SOUR CREAM & ONION WINGS	NO	NO	YES	YES	YES	NO	YES	YES	YES	YES	THIS IS GLUTEN-FREE. Contains MSG.
THE HANGOVER HELPER - BEEF	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	THIS IS GLUTEN-FREE. Contains MSG.
THE HANGOVER HELPER - CHICKEN	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	THIS IS GLUTEN-FREE. Contains MSG.
SPICY SOUTHWEST HICKORY BURGER	NO	NO	NO	YES	YES	NO	YES	YES	YES	YES	This ITEM can be made Gluten-Free use a GF bun. Contains MSG

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MENU ITEM										SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE & MISC	
	DAIRY FREE	EGG-FREE	GLUTEN-FREE	SESAME-FREE	SOY-FREE	SULPHITE-FREE	MUSTARD-FREE	SEAFOOD-FREE	PEANUT-FREE		
BRUNCH MENU	AVOCADO TOAST	YES	YES	NO	YES	YES	YES	YES	YES	NO	This ITEM can be made Gluten-Free use Gluten-Free bun
	4 EGG CHEESE OMELETTE *	NO	NO	NO	YES	NO	YES	YES	NO	YES	This ITEM can be made Gluten-Free. No Toast, use Tots or Fries instead of Hash Browns. Also contains MSG.
	SOUTHERN ALBERTA CHICKEN & WAFFLES *	NO	NO	NO	YES	NO	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free. Also contains MSG.
	BREAKFAST POUTINE*	NO	NO	NO	YES	YES	YES	YES	NO	YES	This ITEM can be made Gluten-Free. Use Tots or Fries instead of Potato Wedges.
	STAMPEDE STEAK & EGGS *	NO	NO	NO	NO	NO	NO	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	FARM FRESH BACON & EGGS *	YES	NO	NO	YES	NO	NO	YES	NO	YES	This ITEM can be made Gluten-Free. No Toast, use Tots or Fries instead of Hash Browns.
	THE HAMMER SLAMMER *	NO	NO	NO	YES	NO	NO	YES	NO	YES	This ITEM can be made Gluten-Free. No Toast, Tots or Fries instead of Hash Browns and OMIT Waffles.
	BREWHOUSE BENNY *	NO	NO	NO	YES	YES	YES	YES	NO	YES	This ITEM can be made Gluten-Free. Use GF Bun instead of English Muffin, Tots or Fries instead of Hash Browns.
BREAKFAST SANDWICH*	NO	NO	NO	YES	YES	NO	NO	NO	YES	This ITEM can be made Gluten-Free. GF Bun instead of Brioche Bun, use Tots or Fries instead of Hash Browns.	
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KID'S MENU	8-INCH CHEESE PIZZA *	NO	YES	YES	YES	YES	YES	YES	YES	YES	This ITEM can be made Gluten-Free, use a Gluten-Free pizza crust if requested.
	PASTA W/ BUTTER	NO	NO	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	PASTA W/ PIZZA SAUCE	NO	NO	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	PASTA W/ ALFREDO	NO	NO	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	2 CHEESEBURGER SLIDERS *	NO	NO	NO	NO	NO	NO	YES	YES	NO	This Item CANNOT be made Gluten-Free. Contains MSG.
	CHICKEN FINGERS *	NO	NO	NO	YES	NO	YES	YES	NO	YES	This Item CANNOT be made Gluten-Free. Contains MSG.
	SNACK WRAP	NO	NO	NO	YES	YES	YES	YES	NO	YES	This Item CANNOT be made Gluten-Free.
	QUESADILLA *	NO	NO	NO	YES	NO	NO	NO	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG.
	GRILLED CHEESE *	NO	YES	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG.
	KD BITES	NO	NO	NO	YES	NO	YES	NO	YES	YES	This Item CANNOT be made Gluten-Free. Contains MSG.
COTTON CANDY CONE	YES	YES	YES	YES	YES	YES	YES	YES	YES	THIS IS GLUTEN-FREE.	
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PASTA	BEEF STROGANOFF	NO	YES	NO	YES	YES	YES	NO	YES	YES	This Item CANNOT be made Gluten-Free.
	BASIL CHICKEN PENNE	NO	NO	NO	YES	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	GRILLED CHICKEN ALFREDO	NO	YES	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	MAC N CHEESE	NO	YES	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	LASAGNA	NO	NO	NO	YES	YES	NO	YES	YES	YES	This Item CANNOT be made Gluten-Free.
	GARLIC KNOTS	NO	NO	NO	YES	YES	YES	YES	YES	YES	This Item CANNOT be made Gluten-Free.

FOOD ALLERGY CAUTION! All fried products may contain one or all of the allergens identified in the Allergen Guide as the fryer oil and the oven are a source of cross-contamination.

The safety and satisfaction of our Guests is our highest priority. To help you make more informed choices we created an Allergen Guide with symbols to indicate the presence of allergens in menu items.

However, as in all non-dedicated kitchens, there is the possibility of cross-contamination between food items. Occasional variations in recipes or product formulations can also occur and there is risk of cross-contamination of ingredients at the manufacturing site.

If your allergy or intolerance is mild, please use this Guide to make your selection. The Canadian Brewhouse (including its affiliates, partnerships and franchises) assumes no liability as a result of food related reactions.